



Among many other philosophical and spiritual themes, *Siddhartha* is about a young man who leaves everything that he has ever known (including his possessions) in order to pursue a path of spiritual enlightenment. During this activity, think about items (technological devices, etc.) that you use on an everyday basis and about what you'd do without them.

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List ten items or material things that you use on a regular basis	
Cut this in half. Why did you give these up? What kinds of possessions were the first to go?	?
Take three more away. Which was the hardest of these to get rid of?	
Between your final two, which would be the last you'd give up? Why do you think this is? What would you do without this item? How would your life be different without this item?	